

Print and cut out recipe label, then tape onto freezer bag

Nacho Chicken

Date:

Additional Ingredients:

- None

Freezer Meal *Prep*

Slow Cooker:

1. Empty the frozen contents of the bag into a slow cooker.
2. Cook on low for 4-5 hours or to an internal temperature of 165F.

Pressure Cooker:

1. Empty the frozen contents of the bag into a pressure cooker, and add 1/4 cup of liquid.
2. Turn the pressure to high and cook for 20 minutes with quick pressure release. *If chicken isn't cooked through after 20 min, shred and return to pressure cooker on saute setting.

Additional Instructions:

1. Shred chicken and return to liquid. Allow the meat to sit for a few minutes before serving.
2. Turn oven on to broil.
3. Arrange tortilla chips on a baking sheet. Spoon chicken mixture over tortilla chips; top with shredded cheese, tomatoes, and other desired toppings.
4. Broil for 3-5 minutes until cheese is melted and chips are looking toasty.
5. Remove from heat and sprinkle with diced green onions before serving.
6. Serve with your favorite dips, such as guacamole, salsa, or queso.

Other Serving Suggestions:

1. This chicken can also be used as a filler in quesadillas, chicken tacos, taco salads, or enchiladas.