

Print and cut out recipe label, then tape onto freezer bag

# Chicken Noodle Soup

**Date:**

## **Additional Ingredients:**

- 4 cups Water
- 4 oz Egg Noodles

*freezermealprep.pro*

## **Slow Cooker:**

1. Empty frozen contents of the bag into a slow cooker and add 4 cups of water.
2. Cook on low for 3-4 hours, or to an internal temperature of 165F.

## **Pressure Cooker:**

1. Empty the frozen contents of the bag into a pressure cooker and add 4 cups of water.
2. Turn the pressure to high and cook for 15 minutes, with quick pressure release. \*If chicken isn't cooked through, shred and return to pressure cooker on saute setting.

## **Additional Instructions:**

1. Remove bay leaf.
2. Shred chicken and return to liquid.
3. Cook noodles according to package directions and add to pot.
4. Top with lemon wedges or fresh parsley for garnish. Serve with garlic bread or grilled cheese sandwiches.