

Print and cut out recipe label, then tape onto freezer bag with clear shipping tape.

# Grilled Hamburgers

**Date:**

**Additional Ingredients:**

- None

**THAW MEAL  
BEFORE COOKING**

*freezermealprep.pro*

**Grill:**

- Allow meal to thaw overnight in the fridge.
- Preheat grill to 400F.
- Place the burgers on the hot grill and cook for 3-5 minutes. Flip and cook for another 3-5 minutes on the other side until you reach your desired degree of doneness.

**Serving Suggestions:**

- Serve with your favorite hamburger toppings.
- Serve with a side of sweet potato fries, french fries, macaroni and cheese, cole slaw, potato salad, or baked beans.