

Print and cut out recipe label, then tape onto freezer bag with clear shipping tape.

Cheeseburger Soup

Date:

Additional Ingredients:

- 4 cups Water
- 1 cup Sharp Cheddar Cheese shredded
- 4 oz Low-Fat Cream Cheese
- 6 oz Elbow Macaroni

freezermealprep.pro

Slow Cooker:

- Empty thawed contents of the bag into a slow cooker and add 4 cups Water.
- Cook on low for 4-6 hours, or to an internal temperature of 165F.

Pressure Cooker:

- Empty the frozen contents of the bag into a pressure cooker and add 4 cups Water.
- Turn the pressure to high and cook for 20 minutes, with quick pressure release.

Additional Instructions:

- Break up meat into small pieces.
- Add 4 oz Greek or Low-Fat Cream Cheese and 1 cup Sharp Cheddar Cheese and mix. Replace lid and allow it to cook an additional 5-10 minutes until cheese is melted and combined.
- Cook 6 oz Elbow Macaroni Pasta according to package directions and add to pot.

Serving Suggestions:

- Garnish soup with green onions and shredded cheddar cheese. Serve with crusty bread and a side salad.