

Print and cut out recipe label, then tape onto freezer bag

Chicken Fajitas

Date:

Additional Ingredients:

- None

freezermealprep.pro

Slow Cooker:

- Empty the thawed contents of the bag into a slow cooker.
- Cook on low for 3-4 hours, or to an internal temperature of 165F.

Pressure Cooker:

- Empty the frozen contents of the bag into a pressure cooker and add 1/4 cup liquid.
- Turn the pressure to high and cook for 20 minutes, natural pressure release.

Additional Instructions:

- Shred chicken and return to liquid. Let the meal sit for a few minutes before serving.
- Serve with flour tortillas, avocado, grated cheese, rice and other fajita toppings.