

Print and cut out recipe label, then tape onto freezer bag

Chicken Noodle Soup

Date:

Additional Ingredients:

- 4 cups Water
- 4 oz Egg Noodles

freezermealprep.pro

Slow Cooker:

- Empty thawed contents of the bag into a slow cooker and add 4 cups of water.
- Cook on low for 4-6 hours or on high for 3-4 hours until the internal temperature reaches 165F.

Pressure Cooker:

- Empty the frozen contents of the bag into a pressure cooker and add 4 cups of water.
- Turn the pressure to high and cook for 15 minutes, with quick pressure release. *If chicken isn't cooked through, shred and return to pressure cooker on saute setting.

Additional Instructions:

- Remove bay leaf.
- Shred chicken and return to liquid.
- Cook noodles according to package directions and add to pot.
- Top with lemon wedges or fresh parsley for garnish. Serve with garlic bread or grilled cheese sandwiches.