

Print and cut out recipe label, then tape onto freezer bag with clear shipping tape.

Country Style Pork and White Beans

Date:

Additional Ingredients:

- 2 cups Water

Slow Cooker:

- Empty the thawed contents of the bag into a slow cooker and add 2 cups Water.
- Cook on low for 7-8 hours or on high for 5-6 hours until the pork is fall-apart tender.

Pressure Cooker:

- Empty the frozen contents of the bag into a pressure cooker and add 2 cups Water.
- Turn the pressure to high and cook for 40 minutes, natural pressure release.

Additional Instructions:

- Discard bay leaf.
- Shred or break apart pork. Add meat back to the pot to soak in sauce before serving.
- Serve over rice or as is.

freezermealprep.pro