

Print and cut out recipe label, then tape onto freezer bag with clear shipping tape.

Greek Chicken Quinoa Bowl

Date:

Additional Ingredients:

- 1 1/2 cups Water
- 1/2 cup Feta Cheese

freezermealprep.pro

Slow Cooker:

- Empty the thawed contents of the bag into the slow cooker.
- Add 1 1/2 cups Water and Cook on low for 3-4 hours.

Pressure Cooker:

- Add the THAWED contents of the bag to the pressure cooker and add 1 1/2 cups Water
- Turn the pressure to high and cook for 5 minutes, with natural pressure release.

Additional Instructions:

- Shred chicken and return to pot.
- Fluff quinoa and serve.
- Top with feta cheese and serve with your favorite veggies such as cucumber, tomato, chickpeas, and red peppers.