

Print and cut out recipe label, then tape onto freezer bag with clear shipping tape.

Mediterranean Lentil Chili

Date:

Additional Ingredients:

- None

Slow Cooker:

- Empty the thawed contents of bag into a slow cooker. Cook on low for 4-6 hours.
- Break up the beef, return it to the pot, and mix well. Let the chili sit for a few minutes before serving

Serving Suggestions:

- Top with avocado, cheese, sour cream, diced tomatoes, and other favorite toppings.
- Serve with chips or warm cornbread.

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