

Print and cut out recipe label, then tape onto freezer bag with clear shipping tape.

Sheet Pan Greek Chicken

Date:

Additional Ingredients:

- 1/4 cup Crumbled Low Fat Feta Cheese

**THAW MEAL BEFORE
COOKING**

freezermealprep.pro

Sheet Pan:

- Thaw the meal overnight in the fridge.
- Preheat oven to 400F. Line a baking sheet pan with aluminum foil, empty contents of the bag onto the pan and spread out evenly.
- Bake for 25-30 minutes, or until chicken reaches an internal temperature of 165F and veggies are tender mixing/flipping contents halfway through.

Additional Instructions:

- Sprinkle 1/4 cup Crumbled Low-Fat Feta Cheese over the top of the chicken and vegetables.
- Serve over rice or quinoa.