

Print and cut out recipe label, then tape onto freezer bag

Smoky Chicken Pasta

Date:

Additional Ingredients:

- 1/2 cup Monterey Jack Cheese
- 8 oz Rotini Pasta

freezermealprep.pro

Slow Cooker:

- Empty the thawed contents of the bag into a slow cooker.
- Cook on low for 4-6 hours or on high for 3-4 hours until the internal temperature reaches 165F.

Pressure Cooker:

- Empty the frozen contents of the bag into a pressure cooker, and add 1/4 cup liquid.
- Turn the pressure to high and cook for 20 minutes, with quick pressure release.

Additional Instructions:

- Cook noodles according to package directions.
- Shred chicken and return to liquid.
- Add noodles and cheese to the pot. Mix well. Replace the lid and let it cook an additional 5-10 minutes before serving.

Serving Suggestions:

- Top with additional cheese and bacon bits and serve with a fresh garden salad.
- This meal can also be served chilled as a pasta salad.