

Print and cut out recipe label, then tape onto freezer bag with clear shipping tape.

Thai Red Curry Noodles

Date:

Additional Ingredients:

- 1 cup snow peas halved or whole
- 8 oz Rice or Fettuccini Noodles

freezermealprep.pro

Slow Cooker:

- Empty the thawed contents of the bag into a slow cooker.
- Cook on low for 4-6 hours or on high for 3-4 hours until the internal temperature reaches 165F.

Pressure Cooker:

- Empty the frozen contents of the bag into a pressure cooker, and add 1/4 cup of liquid.
- Turn the pressure to high and cook for 20 minutes with quick pressure release.

Additional Instructions:

- Cook noodles according to package directions (I recommend undercooking rice noodles, or they will get soggy if the meal is not eaten immediately after adding them to the pot).
- Shred chicken and return to liquid.
- Add 1 cup Snow Peas and cook an additional 5-10 minutes.
- Add noodles right before serving and stir until combined.

Serving Suggestions:

- Top with crushed peanuts, a squeeze of lime juice, and fresh chopped cilantro.
- This meal can also be served with rice instead of noodles.