

Print and cut out recipe label, then tape onto freezer bag with clear shipping tape.

# Tortilla Soup

**Date:**

## **Additional Ingredients:**

- 4 cups Low Sodium Chicken Broth

*freezermealprep.pro*

## **Slow Cooker:**

- Empty the thawed contents of the bag into a slow cooker.
- Add 4 cups Low-Sodium Chicken Broth.
- Cook on low for 4-6 hours or on high for 3-4 hours until the internal temperature reaches 165F.

## **Pressure Cooker:**

- Empty the frozen contents of the bag into a pressure cooker.
- Add 4 cups Low-Sodium Chicken Broth.
- Turn the pressure to high and cook for 20 minutes, quick pressure release.

## **Additional Instructions:**

- Shred or cube chicken and return to pot for 5-10 minutes before serving.
- Top with avocado, pico de gallo, grated cheese, tortilla strips, or other desired toppings. Serve as is, with quesadillas, or with a taco salad.