Print and cut out recipe label, then tape onto freezer bag with clear shipping tape.

Unstuffed Chicken Cordon Bleu

Date:

Additional Ingredients:

- 4-8 slices Deli Ham
- 4-8 slices Swiss Cheese

THAW MEAL BEFORE COOKING

freezermealprep.pro

Oven:

- Thaw the meal overnight in the fridge.
- Preheat oven to 450F.
- Place breaded chicken onto a greased baking sheet and spray a light coating of non-stick cooking spray onto chicken.
- Bake for 10 minutes, then flip the chicken and add Swiss Cheese and Deli Ham on top.
- Bake for another 10 minutes or until chicken reaches an internal temperature of 165F.

Serving Suggestions:

• Serve with rice or potatoes and your favorite non-starchy vegetable.