

Print and cut out recipe label, then tape onto freezer bag with clear shipping tape.

# Chickpea Noodle Soup

**Date:**

## **Additional Ingredients:**

- 4 cups Water
- 6 oz Egg Noodles

*freezermealprep.pro*

## **Slow Cooker:**

- Empty frozen contents of the bag into a slow cooker and add 4 cups Water.
- Cook on low for 3-4 hours, until beans and veggies are soft.

## **Pressure Cooker:**

- Empty the frozen contents of the bag into a pressure cooker and add 4 cups Water.
- Turn the pressure to high and cook for 5 minutes, with a 5 minute natural pressure release.

## **Additional Instructions:**

- Remove the bay leaf.
- Cook 6 oz Egg Noodles according to package directions and add to pot.

## **Serving Suggestions:**

- Top with lemon wedges or fresh parsley for garnish.
- Serve with garlic bread or grilled cheese sandwiches.